What is claimed is:

1. A process for producing a polymeric actuator comprising an ion-exchange resin product and metal electrodes which are formed on the surface of the ion-exchange resin product and are insulated from each other, said actuator operating as an actuator by applying a potential difference between the metal electrodes when the ion-exchange resin product is in the water-containing state to allow the ion-exchange resin product to undergo bending or deformation,

wherein the following steps (i) to (iii) are repeatedly conducted to form the metal electrodes ranging from the surface of the ion-exchange resin product to the inside thereof;

(i) a step of allowing the ion-exchange resin product to adsorb a metal complex in an aqueous solution (adsorption step),

(ii) a step of reducing the metal complex adsorbed on the ion-exchange resin product by a reducing agent to deposit a metal on the surface of the ion-exchange resin product (deposition step), and

(iii) a step of washing the ion-exchange resin product having the deposited metal (washing step).

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- A polymeric actuator comprising an ion-exchange resin product containing an alkylammonium ion as a counter ion and metal electrodes which are formed on the surface of the ion-exchange resin product and are insulated from each other, said polymeric actuator operating as an actuator by applying a potential difference between the metal electrodes when the ion-exchange resin product is in the water-containing state to allow the ion-exchange resin product to undergo
 bending or deformation.
 - 3. The polymeric actuator as claimed in claim 2, wherein the alkylammonium ions are alkylammonium ions containing at least ions represented by the following formula (1):

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R^{2} & - & N \\
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\begin{pmatrix}
R^{3} & - & R^{3$$

wherein R¹ to R⁴ may be the same or different and are each a hydrogen atom, a hydrocarbon group, an oxygen-containing hydrocarbon group or a nitrogen-containing hydrocarbon group, at least one of R¹ to R⁴ is a group other than a hydrogen atom, and two or more of R¹ to R⁴ may be bonded to form a ring.

4. The polymeric actuator as claimed in claim 2, wherein the alkylammonium ion is represented by the following formula (1):

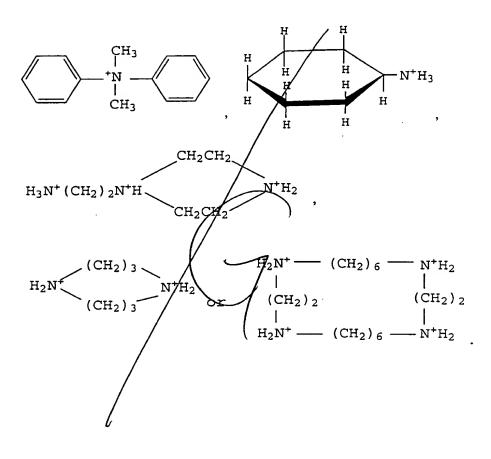
wherein R¹ to R⁴ may be the same or different and are each a hydrogen atom, a hydrocarbon group, an oxygen-containing hydrocarbon group or a nitrogen-containing hydrocarbon group, at least one of R¹ to R⁴ is a group other than a hydrogen atom, and two or more of R¹ to R⁴ may be bonded to form a ring.

5. The polymeric actuator as claimed in any—one—

of claims 2 to 4, wherein the ion represented by the formula (1) is CH₃N⁺H₃, C₂H₅N⁺H₃, (CH₃)₂N⁺H₂, (C₂H₅)₂N⁺H₂, (C₄H₉)₂N⁺H₂, (C₅H₁₁)₂N⁺H₂, (CH₃)₃N⁺H, (C₂H₅)₃N⁺H, (C₄H₉)₃N⁺H, (C₅H₁₁)₃N⁺H, (CH₃)₄N⁺, (C₂H₅)₄N⁺, (C₃H₇)₄N⁺, (C₄H₉)₄N⁺, H₃N⁺(CH₂)₄N⁺H₃, H₂C=CHCH₂N⁺HCH₃, H₃N⁺(CH₂)₄N⁺H₂(CH₂)₄N⁺H₃, HC=CCH₂N⁺H₃, H₃N⁺(CH₂)₅OH, H₃N⁺CH(CH₂OH)₂, (HOCH₂)₂C(CH₂N⁺H₃)₂, C₂H₅OCH₂CH₂N⁺H₃,

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